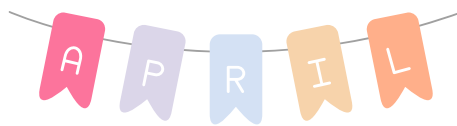


# Southampton Parent Carer Forum

## Review and Updates

April 2026

Welcome to this month's Southampton Parent Carer Forum Review and Updates



It was fantastic to see so many families come together at our recent SEND Fun Day – thank you to everyone who attended and helped make it such a special and welcoming event. It was great to see children and young people enjoying themselves, and parent carers connecting with each other and local services. We'd also like to thank all the professionals who joined us on the day for their time, support and commitment to working with families.

### Key Updates

- You can now text or whats app the forum on 07354 940 838
- Transport deadline for post 16 applications and exceptional circumstances forms is approaching. Deadline is 31<sup>st</sup> May.
- Transition events are planned for the summer. Keep a eye on facebook for lots more information.

**Key Dates - More info on the following page**

Tuesday 2<sup>nd</sup> June - 10-12 Transition workshop with the ND team followed by a summer survival event 11-2pm with various providers.

Thursday 28<sup>th</sup> June - 4 to 7pm Transition event with secondary schools and colleges.

### Your Voice in the Spotlight

Your voice matters and helps shape the services and support available for children and young people with SEND.

By completing this short survey, you are helping us understand what is working well and what needs to improve. This ensures that future decisions are informed by real experiences and reflect the needs of families and young people. You can be entered to win one of three, £20 amazon vouchers available by completing it. Links are in the email and are on facebook.

**Young Person Survey**



**Parent Carer Survey**



**Professional Survey**



Scan the QR code for the link to our facebook page for the most up to date info.



# Continued ...

## SE19 SEND Inclusion Summit – 20th March 2026

Amy attended the SE19 SEND Inclusion Summit on Friday 20th March alongside both of Southampton’s Interim Heads of SEND. The event brought together a range of local authorities, education leaders and SEND professionals from across the South East to share learning and best practice.

The day covered a wide range of topics including the Schools White Paper, statutory responsibilities, inclusion in mainstream settings, and examples of innovative SEND provision from other areas. There were particularly insightful presentations from areas such as East Sussex and Southend, highlighting how integrated therapies, specialist teaching services and system-wide approaches are improving outcomes for children and young people with SEND.

It was especially valuable to hear how other local areas are developing more joined-up, inclusive approaches and embedding support earlier, with a strong focus on partnership networking and inclusion across all settings.

Overall, the summit provided a useful opportunity to reflect on current practice in Southampton, consider new approaches, and strengthen connections with regional partners to support ongoing improvements for children and young people with SEND.



## SOUTHAMPTON PARENT CARER FORUM INVITES YOU TO ...

**FREE ENTRY**

### Summer Survival



Helping you and your child feel confident about managing the summer holiday

**Transition workshop with the Neurodiversity Multidisciplinary team**

- ✓ Ideas and strategies to support your young person as they transition to a new class, year group or even school.

**What to expect 11am -2pm:**

- ✓ Meet a range of activity providers
- ✓ Friendly advice and guidance from SEND Team, School transport and ND Team
- ✓ Ask questions in a relaxed setting

**Date: Tuesday 2<sup>nd</sup> June**

**Times: 10-12 for Workshop**

**11-2pm for chatting to providers**

**Where: Harbour Lights Picture House, Maritime Walk, SO14 3TL**



# Whats on ..

**FREE ENTRY**



Date	Event Info	Time	Location
Tuesday 14 <sup>th</sup> April	SEND get together with Rebecca (Designated Clinical Officer)	10-12	Salvation Army, 93 North East Rd, Sholing, Southampton SO19 8AF
Monday 20 <sup>th</sup> April	WORKSHOP - Celebrating Diversity and Seeing Individual Differences as Strengths	10-12	Harbour Lights, Southampton SO14 3TL
Thursday 23 <sup>rd</sup> April	SEND get together with ND (Neurodiversity) Multi Disciplinary Team including SALT	10-12	Freemantle and Shirley Community Centre, Randolph Street, SO15 3HE
Wednesday 29 <sup>th</sup> April	SEND get together with School Travel Service	10-12	High Point, Bursledon Rd, Thornhill, SO19 8BR
Tuesday 5 <sup>th</sup> May	SEND get together with SCC SEND Team	10-12	Harbour Lights, Southampton SO14 3TL
Tuesday 12 <sup>th</sup> May	WORKSHOP - Understanding behaviour	10-12	Freemantle and Shirley Community Centre, Randolph Street, SO15 3HE
Thursday 14 <sup>th</sup> May	SEND get together with the forum	10-12	Mayfield Nursery, Weston Lane, Weston, Southampton SO19 9HL
Tuesday 19 <sup>th</sup> May	SEND Get together with ND (Neurodiversity) Multi Disciplinary Team including EP	10-12	Beautifully Bisque at the Crafty Bug, 82 Bridge Rd, Southampton SO19 7GQ
Tuesday 2 <sup>nd</sup> June	WORKSHOP - Transistion	10-12	Harbour Lights, Southampton SO14 3TL
Tuesday 2 <sup>nd</sup> June	Summer Survival - See Flyer on previous page	11-2	Harbour Lights, Southampton SO14 3TL
Thursday 18 <sup>th</sup> June	Transition event for year 5/6, year 10/11	4-7pm	Saints Stadium, Britannia Rd, Southampton SO14 5FP

# Whats on locally ...



## Family Hub


### Understanding Behaviour

2 x 2-hour workshops for parents/carers of children aged two and above.


Understanding our children's behaviour can often be quite confusing. This workshop aims to empower parents and carers, by providing insights into these behaviours and encouraging a more positive response.

**Singh Sabha Gurdwara**  
Cranbury Avenue, Southampton, SO14 0LR  
8 and 15 June  
10am – 12pm

Find out more about the Understanding Behaviour programme in this video: [soton.cc/FamilyHub-UBvideo](https://soton.cc/FamilyHub-UBvideo)



To book your place visit: [soton.cc/familyhub-parentingreferral](https://soton.cc/familyhub-parentingreferral) or scan the QR code!

 @familyhubsouthampton

[www.soton.cc/familyhub](http://www.soton.cc/familyhub)

## CARERS SUPPORT GROUP

**WHEN?**  
The first Tuesday of the month 6:30pm - 8:30pm:  
6<sup>th</sup> January, 3<sup>rd</sup> February, 3<sup>rd</sup> March  
7<sup>th</sup> April, 5<sup>th</sup> May, 2<sup>nd</sup> June,  
7<sup>th</sup> July, 4<sup>th</sup> August.

**WHERE?**  
The Salvation Army Church  
93 North East Road  
Sholing  
Southampton  
SO19 8AF

**WHO CAN COME?**  
Carers or anyone who feels they might be in a caring role.  
No need to book  
Debbie, Jo & Sarah look forward to seeing you

**Woolston & Chartwell Partnership**  
Putting the heart back into Primary Care

**PEARTREE PRACTICE**

## WORKSHOP - Celebrating Diversity and Seeing Individual Differences as Strengths

The Session will be delivered by Dan who is Interim Head of SEND at Southampton City Council. The session will focus on:

- Using neurodiversity-affirming language to strengthen relationships
- Strategies to celebrate diversity and see individual difference as strengths
- Building awareness of ableism and it's impact

**When:** Tuesday 24<sup>th</sup> March  
**At:** 10 to 12  
**Where:** Harbour Lights, Southampton SO14 3TL



Dadzclub is working with Family Hubs and on Saturdays are running a few Dadzclubs in the city to support male carers.

Please let us know if you are aware of any other SEN friendly activities.

Re:Minds now have a variety of courses available for booking including Teen Life, Early Bird, NFPP and teen NNPF. Please email them for info: [courses@reminds.org.uk](mailto:courses@reminds.org.uk)

## CARERS LUNCH & LEARN

Do you provide regular care and support for a family member (child or adult) with a learning disability?

Join us for lunch support and helpful information on the things that matter to you

**WEDNESDAY 29<sup>TH</sup> APRIL**  
**12PM-2PM MENCAP CENTRE**

**What to expect**

- A welcoming and supportive group environment
- Meeting others in a supportive space
- Developing friendships
- Sharing experiences and practical tips
- Accessing useful information and updates
- Exploring topics that really matter to you

"Tax, Care and the New Guy" is April's topic from Silvertime Legal exploring wills, powers of attorney, trusts and inheritance tax in clear simple terms - helping you protect the people you care for and yourself.

A light lunch, courtesy of Mencap's Makers & Bakers Group.



The group meets on the **last Wednesday of each month**  
Check our website for upcoming dates  
Website: [www.southamptonmencap.org](http://www.southamptonmencap.org)

If you know other LD carers who may benefit, then let them know too!

Drop in and join us for a relaxed and friendly lunch designed especially for you if you care for a family member with a learning disability

**Contact us at**  
Southampton Mencap  
187a Portswood Road, Southampton, SO17 2NF  
(Find us in the lane between Portswood Post Office and October Books - plenty of parking)  
Tel: 023 8058 4088  
Email [admin@southamptonmencap.org](mailto:admin@southamptonmencap.org)